(Communion every first Sunday)
Our speakers this month are
7th February Pastor Bory Pilgrim


14th \& 21st February
Visiting speakers to be announced
28th February Mr. Paul Revell of Cholsey Baptist Church (This service supports the work of TEAR fund)

## Everyone welcome

A British psychologist has developed a formula to determine the worst day of the year. One factor is the time elapsed since Christmas, when the holiday glow has given way to the reality of credit-card bills. Gloomy winter weather, short days, and the failure to keep New Year's resolutions. It is thought that January 24th is "the most depressing day of the year." Thankfully we have now passed that date and entered into February.

Though nobody is immune to the effects of weather and post-Christmas blues, as Christians we have a resource that can change our approach to any day. Psalm 118 recounts a list of difficulties including personal distress ( $v .5$ ), national insecurity (v.10), and spiritual discipline ( $v .18$ ), yet it goes on to declare, "This is the day the Lord has made; we will rejoice and be glad in it" (v.24).

The psalm is filled with a celebration of God's goodness and mercy in the midst of trouble and pain. Verse 14 comes as a shout of triumph: "The Lord is my strength and song, and He has become my salvation."

Even when circumstances hang a sign on our calendar saying "Bad Day!" our God enables us to thank Him for the gift of life and to receive each day with joy.

Bory Pilgrim
For further information on church activities:
Contact Mr R Barrett 01865391356
Mr W Dyer 01235814986
Marcham Baptist is affiliated to the Baptist Union of Great Britain

