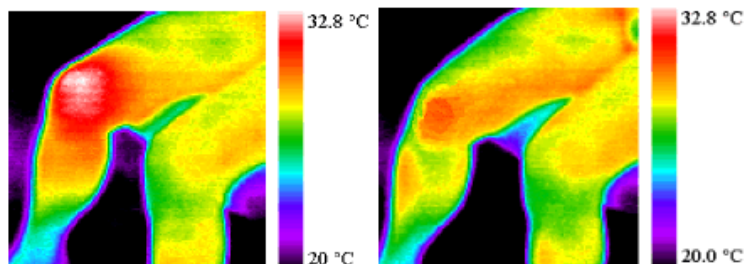


Precious Gem Therapy at The Ark

MADNews received an interesting article about light following the note about Diamond Light at Harwell in a recent MADNews. Trevor Mumby is using light in conjunction with various sources to provide relief from pain and re-energise the body.

Trevor has a small consulting room at The Ark where he welcomes you to lie on the couch under a lamp – all very ordinary so far... Using the infra-red camera linked to a computer, patient and therapist can “see” the pain as a hot area on the display,



in the same way the fire service can locate hot spots in a fire or the police detect villains hiding in hedges. He then positions the light source to shine on the area (clothes remain on) and the patient relaxes listening to some appropriate music for 20 minutes. At the end of this session, the pain can be viewed on the computer screen again to look for any changes.

Before and after images of a treated knee

The explanation seems rational

The brain sends out a low frequency stimulus (1.5MHz) when the body is at deep rest – not REM dream sleep, but the sleep which the body uses to mend tissues and rejuvenate, where we feel no existing pain. This low-frequency can be replicated by the light source and directed to an area of pain which prompts the brain to send the same frequency stimulus to that area and so producing pain-relief.

When we are pain-free, we are able to think more clearly and feel better about life so this acts as a general therapy as well as a specific treatment.

Trevor uses precious and semi-precious gems to produce different frequency light to treat a variety of ailments, carnelian and diamond are energising, sapphire and emerald have a cooling effect. Gems can be combined in many ways depending on the condition.



Trevor’s ‘patients’ have included plumbers with the usual back pains, arthritis sufferers and also archeologists from the Trendle Field dig! The light source can be used to relieve pain or stimulate organs, such as the spleen, to energise. One session may not be enough to banish pain or make you feel top-of-the-world again, but from Trevor’s experience, two sessions can make a difference.

A lamp is positioned above the patient’s knees

This is not an alternative to traditional medicine and any underlying illnesses should be treated by a medical professional, but it could relieve symptoms to improve the quality of life.

Diamond Light Source.

It was quite wonderful to read about how Diamond Light Source will be used to explore the infinite world of particle physics. Therein must lay many solutions for our 21st century problems.

My interest in the field started more than 30 years ago when Russian and German physicists began publishing their findings, particularly those which described how impulses at different frequencies affect our body and brain activities.

After graduating, I became a behavioural scientist but my early studies on sleep and the different wave frequencies our brain uses led me to question how these frequencies might be there for our benefit?

What really made complete sense to me was that when we are asleep our brain is sending out a frequency to all the parts of our body which sustains it in a state of relaxed, pain free natural sleep !!

Why can’t we use that same natural frequency when we are awake and suffering pain, to remove the pain?

Over the last 18 months I have been using a frequency, (1.5Hz) using low power light, and discovered that when the light is focussed on the painful area the sufferer is relieved from the pain and in the majority of people, the pain has not returned.

I also use an infrared camera which clearly highlights the area where the pain is being experienced. This shows the painful area on a large computer screen which the sufferer can actually SEE.

After 20 minutes the camera shows how the area has changed and the sufferer **FEELS** the difference.

If anyone is interested? I would be glad to have a chat.

Trevor. 391149