

HELLO TO EVERYONE OUT THERE IN GARDENING LAND!

Is it just me or do people have the gardening bug even more seriously this year?

Perhaps because during the just past winter we had a few seriously cold weeks, people feel we have had 'a proper Winter', and so possibly feel the need to get gardening earlier and with even more vigour to prove to themselves that Spring is actually here. My article is short and sweet this month, and if you take heed of the message contained within, my job will have been done. My message this month is Healthy Gardening. Especially as I have seen a number of people injure themselves already, with their new found energy.



With the commencement of the new gardening year, we all rediscover muscles that we'd long forgot about, especially in the back area. Don't put on your boots and grab the nearest spade or rake and get stuck in up to your eyeballs straightaway. Do some warm up stretches and exercises first. Even the easiest of jobs in the garden can cause muscle strain if you go to mad too soon. Start with the simple jobs first and when you feel ready move on to the harder tasks.

Don't get carried away with the thought that there is so much to do and you don't have time to limber up. Even a minor injury can mean you don't get things done anyway. There is only 24 hours in any day, so remember that you can only do what you can do.

However hectic it is out there in your garden, there is always time to lean on your fork, stretch, and just give your work and the wider garden a healthy dose of just looking at, and enjoy. We can easily forget to do this at times..

**Happy Gardening,
STUART MABBUTT**

MARCHAM PLAYERS

About a dozen members attended an enjoyable evening in the Board Room at Manor Farm on Wed 15 April when a play reading of "Small Hotel" was undertaken. Parts were interchanged at various appropriate points of the script and this tactic, coupled with a promise that we would not be using the exercise as a casting tool for a future production, ensured an enthusiastic airing of the many talents present. Well, it was either that or the wine - you judge!



I know its short notice but due to a very late change of date and venue by the production team at the Watermill Theatre, Newbury (their touring branch) we still have a few tickets available for a production of Bubbles on Saturday 2 May at 7.30pm in Sunningwell Village Hall. Bubbles is a brand new full-on musical with original songs and a full score from Carl Calow. It is a funny, life affirming and unique musical experience on the small scale touring circuit ie its a production by the touring company of the Watermill Theatre! If any paid-up member of Marcham Players is interested in attending and reads this late opportunity before the performance date please contact Joey on 01865 391242.

We are trying to ensure all paidup members have the opportunity to buy tickets for our theatre visits. It is a difficult logistical exercise to rely solely on a note in this monthly publication so if you do have an email address and wish to ensure you are fully informed of future visits in advance do please let Richard Hobbs know that address on richardhobbs401@btinternet.com.

DAVID HUTCHINSON

Any enquiries about us will be willingly answered either by our Secretary, Joey, on 01865 391242 or, Dave Hutchinson on 01865 391964.

www.marchamplayers.co.uk
May 2009

ANNUAL MEETING FOR ELECTORS IN MARCHAM PARISH

This meeting is not a Council meeting, but is a public meeting of Local Government electors in Marcham and an opportunity for electors in the parish to raise any items relating to parish matters. This parish meeting may, by law, discuss all parish affairs and pass resolutions about them.

Guest Speaker: The Planning Policy Team at the Vale of White Horse District Council who will speak about the planning policies for the Vale District in particular how they affect Marcham in regard to topics such as housing, employment, and transport.

This meeting will be held on
Wednesday 20th May, at 7.30 p.m. in the school hall at
Marcham Primary School, Morland Rd

You are invited to take part
Light refreshments will be served

MARCHAM CRICKET CLUB

The Club's playing Season for 2009 begins on 2nd May with the 1st XI at home to Westbury and the 2nd XI away to East and West Hendred 2nd XI.



Remaining fixtures for May are:

May	1st XI	2nd XI
9	Charlbury Away	Westbury 2nd XI Home (Osburton Cup)
16	Freeland Away	Kilkenny Home
23	Shrivenham Home	Uffington 2nd XI Away
30	Letcombe Away (Airey Cup)	Osburton Cup 2nd Round

Information relating to Marcham CC (including playing for, or umpiring on behalf of the Club) may be obtained from Graham Hill (391415) or Terry Whittaker (391317).

CSB

**10TH ABINGDON AIR & COUNTRY SHOW
SUNDAY 3 MAY 10AM - 5PM**

In aid of the Thames Valley & Chiltern Air Ambulance
The Show will be opened by the Mayor of Abingdon, Mr Patrick Lonergan promptly at 10am with the show ending around 5.00pm

Air Displays from

- "The Tigers" Parachute Team
- RAF Tutor and Hawk
- Chinook
- RAF Merlin
- US Army UH60 Blackhawk
- Boeing C17 Globemaster III

Nostalgia from

- C-47 Dakota D-Day transport
- P-51 Mustang
- P-40 Kittyhawk
- Pembroke
- T28 Fennec
- Vampire T.11

Further nostalgia will be created on the ground with displays of ex-military vehicles, memorabilia from WW2, 1940s kitchen and live period music performed by Fiona Harrison.

Other attractions: pleasure flights, family amusements, historic vehicles, trade stands, a craft marquee, farmers' market stalls, mobile farm, Doctor Who Tardis and the 'popular' Daleks which will be roaming around the showsite, a Williams Formula 1 show car, tank rides, displays from Oxfordshire Fire Service and Heart Radio.

Tickets from www.abingdonfayre.com and:

- Abingdon Information Office,
- The Warehouse, Coxeters' Yard, Abingdon
- Clothes 4 Work, 138 The Broadway, Didcot
- Nationwide branches in Abingdon, Didcot and Oxford.

www.abingdonfayre.com